

SOUTHERN LIGHTS

Autumn – Gathering in the Harvest



SAVE THE DATE!!!

***International Conference at
RACV Goldfields Resort, Creswick
15th – 17th March 2019***

See Page 2 (more details in future newsletters – or contact us!)

Remember our Facebook page featuring captioned photos:

Edgar Cayce Australia Inc

Remember our website:

www.edgarcayceaustralia.org

And our contact email addresses:

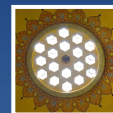
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Welcome to our Sixteenth issue



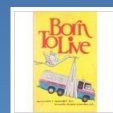
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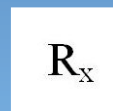
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*Global Manifestation of Oneness and the
Love of God and All People*

Edgar Cayce Australia, Inc. A0060868C

Edgar Cayce Australia, Inc. was formed in early 2014 by members of the Melbourne Search for God Study Group and the Glad Helpers Down Under Prayer Group. We are a not-for-profit incorporated association dedicated to furthering the work started by Edgar Cayce and continued world-wide by the Association for Research and Enlightenment, founded in 1931. As well as fostering Study Groups

and Prayer Groups, we have a lending library and offer new books for sale. We also arrange monthly talks on many topics from the Cayce readings such as diet, meditation and dreams.

If you are interested in any of our groups, or the monthly talks in Creswick (near Ballarat, Victoria) please email russell@edgarcayceaustralia.org or phone us on (03) 5345 2945.

Editorial – ‘Spiritual But Not Religious’ by Russell Bowey

Recent news headlines are reflecting a dramatic change in how Australians are expressing their spiritual beliefs. ‘Fall in faith leads to closure at Pleasant Street Uniting Church’ and ‘Faith no more: Why young Australians are rejecting religion’ are symptomatic of the changes taking place in our society, as young people look more to secular activities to provide meaning to their lives.

Australian Bureau of Statistics (ABS) data show that in 2001, 19 per cent of Australians aged under 24 identified as not religious. That figure increased to 35 per cent in 2016.

Locally (in the Ballarat region), ABS data over that 15 year period shows that people identifying as ‘Catholic’ dropped from 28% to 24%, ‘Anglican’ from 16% to 11%, and ‘Uniting Church’ from 13% to 7%. At the same time ‘No religion’ rose from 18% to 37%. In many other parts of the world, however,

religion is on the rise. There are even predictions that church-goers in China will outnumber those in the USA by the year 2030.

In his 2016 book ‘Beyond Belief – How We Find Meaning, With or Without Religion’, social researcher Hugh Mackay examines why around two-thirds of Australians say we believe in God or some ‘higher power’, but fewer than one-in-ten of us attend church weekly. He argues a growing number of people, particularly young people, are abandoning traditional religion in favour of a different form of spiritual expression – one not restricted by institutions or rules – and are embracing the Spiritual But Not Religious (SBNR) movement.

Mackay believes that young people still want to lead a good life and express non-material values such as ‘loving thy neighbour’, but without being locked-in to a religion. They

seek meaning and happiness through such things as yoga, mindfulness, music and nature. He also believes we can find meaning without religion, and when people say they are SBNR, usually they say they care for others.

In reading **2823-3**, given for a 34-year-old stenographer, she asked Edgar Cayce about increasing her awareness of the universal God force and instructions on meditation. She also asked about connecting with the A.R.E. and was told:

If that's the channel that answers to the entity, good beginning!

She then asked about joining a church:

(Q) With what church would it be well for me to seek affiliation at this time? (A) The better is the church within self, not by name or place. For the church is the living Christ. Make association first with that, and whether it is in this, that or the other name, Christ ye serve and not a church!

Australian Conference in 2019 – See You There!!!!

We are excited to announce that planning for the International Asia-Pacific Conference in 2019 is well underway and further details will be announced as speakers, etc. are confirmed.

Edgar Cayce on Reincarnation - Your Odyssey Through Time

RACV Goldfields Resort, Creswick 15th – 17th March 2019

The key-note speaker will be Kevin Todeschi (Executive Director and CEO of A.R.E. & Atlantic University), who is an expert on the topic, and other presenters, pricing, etc. will be announced once details of the program have been finalised.

This is Kevin’s first visit to Australia, and he will be speaking on the Akashic Record & The Illusion of Time. We will also include a session playing the fun board game ‘Sojourns’ – a reincarnation-themed game based on the Edgar Cayce readings.

Know that life is a river or a stream which is constant and each appearance is as a pool that may refresh, in which others may be refreshed or become stagnant ... For ye are not promised more than one day in the physical consciousness at a time. Use it - don't abuse it! 5392-1

The RACV Resort’s website is:

<https://www.racv.com.au/travel-leisure/racv-resorts/our-destinations/goldfields-resort.html>

‘BORN TO LIVE’

Book Review by Bel Casey

It is always interesting to re-read a book – sometimes years later. Recently, after chatting with friends about a book, I went to my bookshelf to get it, but instead picked up ‘Born to Live’ (1980) by Gladys T McGarey M.D. Born in India, to American missionary doctor parents, Gladys knew at a young age that she would follow their footsteps and become a doctor.

Her chosen path was obstetrics, but that was only a small part of her work. Together with her (now ex-) husband, Dr William McGarey. Gladys raised her six children while maintaining an active medical practice. A pioneer in the field of obstetrics, she was also a trailblazer for the philosophies found in the Edgar Cayce readings, including the continuity of life:

The passing in, the passing out, is as but the summer, the fall, the spring; the birth into the interim, the birth into the material. (281-16)

Gladys shares with us, her fascinating memoirs, from the time she was in-utero up until the time the book was written. She tells how, before the soul comes into the earth, it has all the knowledge of all that is in the universe, and once the choice is made as to the parents and place, once born, the Angel of Forgetfulness touches us on the lip and we forget all. (From the Kabbala). Alone, we must now make our life choices.

She shares Jesus’ parable about Old Wine in New Wineskins, and notes how it fits in with the concept of reincarnation. The soul alone is aeons old, and as we come into a new physical body – the ‘new wineskin’ – bringing along life experiences from previous incarnations, we once again continue the path back to Oneness with God.

So far ahead of allopathic science, for those times and even now, we read about pregnancy, abortion, choices, and dreams. She believes that patients, or parents to be, need to be fully aware and in charge of the decisions to make and much more.

The story is not only Gladys’ story, but is the story of the ‘New Age Era’ and holistic healing.

Gladys is known internationally as the ‘Mother of Holistic Medicine’. She is a founding board member and a past president of the American Holistic Medical Association.

However, while holistic healing has come a long way, and alternative medicine is well established, how far has the medical profession really come?

In the summary, Gladys mentions several trends; the need for doctors to be both physician and priest, and the ‘new consciousness’ of the special breed of incoming souls being born at the time of writing the book. Those children would now be in their 30’s to early 40’s.

It seems that the oneness of our being, as physical, mental and spiritual entities, as well as the Oneness of all that is, is still somehow from becoming fully accepted.

Gladys’ life purpose was truly lived, and she worked with Oneness – in her healing the physical, mental and spiritual as well.

(Q) How may I come to a fuller realization of my oneness with God? (A) The more ye walk, the closer ye walk with that promise "I come - as ye ask ye will receive; if ye knock it will be opened," but it must be for the manifestation of His divine love in the earth. (2982-4)

This book is not only suggested reading for parents-to-be. Anyone who reads this book will benefit from Gladys’ wisdom. There are times in the life of a spiritual sojourner that the path is detoured, and by making a simple choice, one can be steered back on line, as was I on reading Born to Live.

Through researching for this review, I discovered that Gladys has authored five books, and one, “The World Needs Old Women”, is now on my reading list. Yes! And she is actually speaking at the A.R.E.’s annual members’ Congress in June.

We invite readers to share their thoughts on any topic, or who have their own personal story of how their lives have been touched by a book, or an event, to share it through this Newsletter.

'URANUS IN TAURUS – A NEW ENERGY'

by Anne Glen

Have you felt a subtle shift in the energy? Does it feel calmer, less frenetic? If you have planets in the very early degrees (1 – 2) of Taurus, Leo, Virgo or Sagittarius then the shift may not be quite so subtle for you but we shall all begin to feel the change.

Uranus, the planet of awakening and unexpected change, moved into the earth sign, Taurus, on May 15th, where it joined the new Moon in that sign. A new Moon signifies new beginnings, so the arrival of Uranus heralds a time to embark on a new venture and, because of the nature of Uranus, it may be something unexpected and surprising even to you!

Uranus has spent the last 7 years in fiery Aries where it has encouraged us to define who we are; 'selfies' and social media profiles have been prominent themes. Uranus in Taurus will ask us to consider what we value.

Taurean energy is practical and grounded; thus begins a stability process which will anchor the earth dynamic. Some of the qualities that will become more obvious are patience, persistence, endurance, reliability and, an appreciation of the past. Taurus is our earthly form so we shall be able to focus our energy on environmental issues and broaden our perspective; we shall be able to view each other objectively and not as reactively, as has been the way of Uranus in Aries.

Into this astrological mix comes Mars which moved into Aquarius on May 16th where it will spend the next 6 months moving back and forth, setting up significant square aspects to Uranus in Taurus. Square aspects are traditionally thought of as 'difficult' but they present us with wonderful opportunities for soul growth. Aquarius is the natural home of Uranus thus the placement of Mars will amplify the Uranian energy. This is a catalytic energy, designed to help humanity move forward in a positive way.

This Heavenly formation will help us to press the reset button on many of our habits; more unconditional kindness and lovingness will become the norm. But don't we live in auspicious and interesting times?

Because of the slow movement, long orbits and generational effects of the trans-personal planets the last time that Pluto and Saturn were in Capricorn at the same time that Uranus occupied Taurus was during the Reformation in the 16th Century and the energy that fuelled the reformation is available to us now!

So how are you going to use this powerful energy to reform your habits? How are you going to experience dynamic change for your highest good? Are you ready to press the reset button? If we work with this energy and use it positively it offers us the opportunity to reform our habits, our patterns, our life. Be courageous; risk a glorious success; press the button.

For more information visit: roseastrology.com.

Edgar Cayce called Uranus the planet of 'extremes' and anyone entering an incarnation after a sojourn in Uranus often exhibited unusual mental abilities. In the endocrine system, Uranus is representative of the thyroid gland, with the associated throat chakra being the seat of the will (choice).

In this reading excerpt, given in October 1930 for a 14-year-old boy who had entered from Uranus, the young man was advised to keep a balance:

... and while the body mental may be termed the EXCEPTIONAL in mental abilities, these should be guided in the proper channels and kept as of a UNIT of whole expression; knowing that to sidetrack, to accentuate, any one portion of experiences in the mental or physical forces of the body is to prevent the well rounded development as is necessary for an individual to apply in its mental, moral, physical, and spiritual development in the material plane.

... Keep thine heart pure, thine body strong, thine mind open. Attune thine inner man to the harps and the chords of the universe, and harken to the love that brings service - service - to all. (1735-2)



'CURING THE INCURABLE'

by Russell Bowey

I recently read a story about a 58-year-old New South Wales woman who had been diagnosed with the 'terrifying disease' scleroderma (literally 'hard skin'). The body produces too much collagen, causing the skin and connective tissue to harden. Scleroderma is a rare condition that affects between 5,000 and 7,000 people in Australia and has no known cure. The headline 'Scleroderma: Terminally ill mum 'turning to stone' from horrifying autoimmune disease' had grabbed my attention.

Two years earlier, she couldn't breathe properly and was admitted to hospital. Doctors first thought she was having a heart attack, and then told her she had lupus. A specialist eventually diagnosed her with scleroderma - a disease she, and her GP, had never heard of. The systemic form of the condition is usually fatal, and often the heart, lungs and other internal organs are eventually unable to function.

The treatment proposed for this woman was a stem-cell therapy program, without which she only had 3 to 5 years to live. But doctors warn the stem cell transplant isn't a cure and will only extend the quality and duration of her life. She said in an interview: "Once upon a time cancer had no cure, now there's a huge success rate with cancer, so I'm hoping this disease will one day have a cure."

Scleroderma is generally considered to be 'incurable' and of uncertain etiology. It may be genetic, it may involve environmental factors, it may also be an auto-immune response, and interestingly, females are 5 times as likely to develop scleroderma as males.

Edgar Cayce gave a number of readings on scleroderma, (The Circulating File 'Scleroderma - Vol. 1' is available for members on the A.R.E.'s website), describing both the causality (the readings describe the initial cause as a 'glandular deficiency') and successful treatment for this condition.

Since Cayce's death in 1945, numerous people have been cured of scleroderma by following the suggestions found in the readings.

The Circulating File describes the case of a young woman who was treated for scleroderma at the A.R.E. Clinic in Phoenix, Arizona.

Using Cayce's recommendations of castor oil packs on the abdomen and on the extremities; Atomidine, special diet; massages; visualization, etc., resulted in normal health and complete remission. Dr William McGarey states: "Recently I received a 4-year progress report. Her own doctor told her: "Your physical examination was quite satisfactory and shows remarkable resolution of your previous abnormalities. Your laboratory studies were likewise normal..." Her mother said: "What more could a mother ask for than this?" Her brother added: "Miracles do happen!"

The readings emphasise that it takes patience, persistence, and consistency to overcome a deeply entrenched disease process. Illnesses do not come from nothing. They have their origin in a breaking of the law of the body, the mind or the spirit. This reading emphasised the purpose for healing:

Do not make the applications merely as a routine, - either the rubs, the diets, or the appliance. Let these be done with the continuous spiritual purpose to be healed of the disturbances FOR a definite purpose, that is to be constructive and helpful to others. Keep optimistic. Pray often; seeing, feeling, asking, desiring, expecting help - from Him, who is the way, the truth, the light. He faileth not those who keep His purposes. (2514-1)

And Dr McGarey should have the final word (Venture Inward May/June 1994):

"Edgar Cayce's philosophy of healing the human body is what is lacking in the field of medicine, and perhaps has lacked for the last 75 years. Healing is always a process. It is not treating a diagnosed illness - it is treating the living, ongoing, functional unit that we call the human body, with its mind, its spirit, and its emotions. All have shared in creating the problem, and thus must take part in the healing, and without all factors considered to start the process of a return to the normal, there is no true healing - just, as Cayce put it, 'A healing for dollars and cents!'"

Note: The above information is not intended for self-diagnosis or self-treatment. Please consult a qualified health care professional for advice in all health matters.