

SOUTHERN LIGHTS

Spring – Time to Stop and Smell the Roses



Anyone in the **Sunshine Coast** area interested in a Study Group, please email Kareenne: kareenne.by.the.sea@gmail.com.

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Global Manifestation of Oneness and the Love of God and All People

Edgar Cayce Australia, Inc. A0060868C

Edgar Cayce Australia, Inc. was formed in early 2014 by members of the Melbourne Search for God Study Group and the Glad Helpers Down Under Prayer Group. We are a not-for-profit incorporated association dedicated to furthering the work started by Edgar Cayce and continued world-wide by the Association for Research and Enlightenment, founded in 1931. As well as fostering Study Groups

and Prayer Groups, we have a lending library and offer new books for sale. We also arrange monthly talks on many topics from the Cayce readings such as diet, meditation and dreams.

If you are interested in any of our groups, or the monthly talks in Creswick (near Ballarat, Victoria) please email russell@edgarcayceaustralia.org or phone us on (03) 5345 2945.

Editorial – ‘How to Attract a Mate’ by Russell Bowey

Yesterday morning I was relaxing on the couch in our Lounge Room and noticed a fly continuously circling under the light hanging in the middle of the room. It kept up this flight pattern for probably 20 minutes before resting on the light bulb. After a short break, it resumed its relentless, if erratic, flying.

In the past, I often thought about the reason for this seemingly pointless behaviour, but now I realised I had the internet available to instantly provide an answer to my question.

Amongst the many theories proposed, the one that made the most sense to me was that this fly was trying to attract a mate. Under the light was the most popular location in the room to meet another fly (perhaps like a bar for humans). And previous flies had left their ‘calling cards’ on the light bulb while resting there.

In my younger days, because I didn’t drink alcohol, and therefore never frequented bars, I had to find a different technique to attract a mate.

I had heard that the following prayer had been successful for someone else:

‘Father, send to me someone that I can love and help, and who can love and help me.’

The prayer worked for me, because Marija and I have been happily married now for almost 32 years. She had used a similar prayer herself, and had been guided by an interest in Edgar Cayce to contact me for help in starting a Search for God study group. As we share similar ideals and purposes, we were drawn together through the Universal Law of ‘Like Attracts Like.’

The following Edgar Cayce reading excerpt (from 2072-15) indicates how this woman (2072) and her husband (1861) were meant to be together in this lifetime:

These as individuals chose one another as companions. For what? Because they fitted into such companionship, becoming more and more daily as one and as a complement as one, finding in the other that which would answer their needs

Let each be the complement, the mortise [mortar] and pestle, or the dew upon the flower, or the rainbow in the cloud, or as the voices in the night.

And in reading 688-4 Edgar Cayce advised 688 and her partner 707 (they married the day after this reading) that they were together for:

... a unison of purpose in such measures, in such manners as to become those influences, those forces for helpful experience to themselves and as an aid, as a blessing to others ... In seeking then to find union, as we have just indicated and given in that just said, if ye seek the beauties in each and unite in the efforts of each they become as a stay one for another. See? For, as a crude illustration: Two brooks in all of their beauty, in all of their freshness, seek to wend their ways upon the bosom of the earth; each enjoying the beauties that they are given. Yet as they unite they give then strength and the power and the majesty of His beings in the abilities to give to those forces and powers of many.

Edgar Cayce on Visualizing

(Q) To bring a desired THING or CONDITION into manifestation, is it advisable to visualize it by making a PICTURE or just to hold the idea in prayer and let God produce it in His own way without our making a pattern? (A) The pattern is given thee in the mount. The MOUNT is within thine inner self. To visualize by picturizing is to BECOME idol worshipers. Is this pleasing, with thy conception of thy God that has given, "Have no other gods before me"? The God in self, the God of

the universe, then, meets thee in thine inner self. Be patient, and leave it with Him. He knoweth that thou has need of before ye ask. Visualizing is telling Him how it must look when you have received it. Is that thy conception of an All-Wise, All-Merciful Creator? Then, let rather thy service ever be, "Not my will, O God, but Thine be done in me, through me." For all is His. Then, think like it - and, most of all, act like it is.

ECONOMIC HEALING

by Russell Bowey

Economic health may be defined as a free-flowing SUPPLY, adequate to the individual's immediate needs and responsibilities; also the privilege of SERVICE. Neither poverty nor excessive wealth constitute economic health.

Economic illness, on the other hand, may be described as a personal imbalance with regard to the Universal Law of Supply. It is an observable habit pattern, cyclic in nature, having its origin deeply WITHIN the self. The individual cannot take corrective action, therefore, since he is unaware of the existence of the cause. He is aware only of the painful result.

It has been shown time and again that financial shortages and lack of employment are caused more by the negative mental attitudes and deep-seated beliefs of individuals than through any failure of talents and abilities. For a person to be healed economically, attitude and habit patterns must be changed. The best way to eliminate negative or limited attitudes is by substituting positive and unlimited attitudes and then through repetition and more repetition forming a new and more effective habit. There is no easy way. It requires desire, hard work, self-discipline and will power, and is best undertaken with the support of a group.

We can only solve a problem at the level at which it was created. Poor relationships cannot be solved by divorcing one husband and marrying another. That is only treating the symptom, not the cause.

We can only heal an illness by treating it at the level at which it was created. If severe anxiety is causing migraine headaches, taking pills may treat the symptoms but won't alleviate the cause.

So what is our approach to treating economic illness? Our situation is entirely of our own making. We cannot blame anyone else for our current predicaments. How would you heal a condition of self-created poverty caused by a vow in a previous lifetime? Just because we can't remember the what, where or when of planting the seeds, we must acknowledge that we are responsible for the harvest we are now reaping.

By recognising a pattern, and changing it, you can overcome the original pattern that you have established, through nature, nurture or past incarnations. Attitudes towards others should be reflected in a non-judgemental position towards others because they are wealthy or poor. Their trials or lack of opportunities should call forth your understanding to be of help, if possible.

Remember, the situation in which a person finds himself is the exact result of what he has prepared himself to handle; no more, no less. To take pride in one's wealth or one's poverty is not helpful. Pride and boasting are symptoms of illness. Maintain instead a concept of economic health as a fresh flowing stream, not as a pool that is liable to grow stagnant. To keep the stream flowing, give. Keep it flowing, circulate it! The Source is infinite.

Our possessions reflect our attitude towards the principle of stewardship - our responsibility of continuing the work of God's creation and they are only 'on loan' from God. We should always treat our possessions, and those belonging to others, with the belief that they belong to our Maker. We should only keep what we can usefully employ in our daily life, or those things of inspirational value, and let go of the rest. This will lighten our burden and create a vacuum into which more worthwhile possessions may flow. Remember, if we are not willing to give something away, then it is not truly ours to keep.

Edgar Cayce advised many people about their economic situation. These readings excerpts suggest that balance and expectancy are important aspects to consider.

For he that contributes only to his own welfare soon finds little to work for. He that contributes only to the welfare of others soon finds too much of others and has lost the appreciation of self, or of its ideals.
3478-2

KNOW that prayer must be the basis of the hope and the expectancy. Those that expect little of the Lord receive little; those that expect much receive much - if they live it!
1424-1

‘OUR WILDLY CREATIVE GOD’

by Bel Casey

One sleepless night, a good while ago, my mind turned to electricity and what it actually is. I thought, ‘Do we make electricity, or are we just storing it?’

I mentioned it to others a time or two and received some strange looks. In my mind, electricity, that which we see, hear, smell, taste or feel, are simply actions or reactions of stored electricity, or electrical storms.

Recently, while staying with friends I chose an old copy of ‘Venture Inward’ as reading matter before retiring. John Van Auken’s article on Ancient Mysteries revealed this reading:-

For that as in the NATURE'S forces may be turned into even the forces OF that that makes life, as given, from the sun rays to those elements that make for, or find CORRESPONDING reaction in their APPLICATION of same, or reflection of same, TO the rays itself - or a different or changed form of storage of FORCE, as called electrical in the present. 364-6. (My emphasis)

Interestingly enough, the 364 series is not on a person, but rather Atlantis. In this article, I am addressing the “storage of force”

Electricity or vibration is that same energy, same power, ye call God. Not that God is an electric light or an electric machine, but that vibration that is creative is of that same energy as life itself. (2828-4)

For all life is one, all force is one, and when one applies self and attains through attunement, through that consciousness that may approach the universal consciousness, then these experiences sought may come through. (136-78)

Perhaps the closest we come to experiencing electricity (God) is when there are power lines down and we can observe a moving mirage of energy. There are also healers, the greatest being Jesus, God made manifest ‘...yet all are of the One, and in that Oneness is the strength, for "The Father and I are one."' (900-246) Jesus was in touch with the One and was able to use it for the good of others.

There are those who are able to heal, who are able to become one with the Divine through the ‘electrical forces’. I remember fondly a friend who was able, at times, to see others in their energetic form; such a wonderful gift.

There are also times when we may meet one and feel at one with them immediately; they radiate, peace, calmness and serenity.

For, the divine law remains, ever - know that all life is one before Him (or all lives, if ye choose to term it so), even as thy Lord, thy God is one. (2489-1)

It is up to us to reclaim this Force that is ours. Before we came into the physical body, here on Earth, we were at one with God and all the universe.

There are many paths through the various religions that we can choose to follow. I believe Cayce was asked this in a reading and he replied that it did not matter which religion one followed, one HAD to apply it.

Tools to use include Meditation, Prayer, and studying and applying the Universal Laws. Two of the most powerful tools that Cayce bequeathed to us were the ‘A Search for God’ study group work and belonging to a Prayer Group or Circle. Jesus said ‘...the Father and I are One’, as are we, part of the Divine Energy.

This Divine Energy is within us, and it is surprising how many of the Cayce readings talk about the ‘Bioelectrical Energy’ within, how we can use it, not only in helping others, but ourselves. But that is perhaps another article. For now, I will leave you to discover some of the magic within.

My thanks to June Bro for the title of this Article.

We invite readers to share their thoughts on any topic, or who have their own personal story of how their lives have been touched by a book, or an event, to share it through this Newsletter.

FROM THE ARCHIVES – ‘USING AFFIRMATIONS’ by Dean Hull

Jesus warned using “vain repetitions” in prayer (Matthew 6:7), yet on the other hand he taught His disciples to use the greatest affirmation of all, “The Lord’s Prayer” (Matthew 6:9–13). What did He mean? Ritualistic prayers, which are a matter of formality, and which rely on techniques for appeasing our God or trying to manipulate the Creative Forces, are useless. Imagine a conversation in which I constantly repeated my wants, thoughts or feelings.

“I want a new car....I want a new car....I want a new car....I want a new car....I want a new car....etc.” It’s easy to say, but meaningless to listen to. Our Father knows our needs even before we ask. Unless I pray or meditate in the right spirit and focus on my ideal then my affirmation is meaningless.

Herbert Puryear in ‘Meditation and the Mind of Man’ (p.55) suggests “We should feel the meaning behind the words, and this requires periods of silence”.

How often in church services, or even in groups, is the Lord’s Prayer said quickly without any real thought as to the meaning or significance of the affirmation. If I say it just because it opens the chakras, is that not also “vain repetition”?

When you are moved by full accord, use the intonations, the breathing, the posture; but let this be rather as an outgrowth of attunement than the purpose FOR attunement. 281-35

Using intonations (affirmations) to achieve attunement is putting the cart before the horse. The desire for attunement must come first. The affirmation is an acknowledgement of the Spiritual Ideal for which my soul yearns.

One seeker in the readings asked how the chakras might be activated so that higher mental and spiritual powers might be attained.

... first so FILL the mind with the ideal that it may vibrate throughout the whole of the MENTAL being! Then, close the desires of the fleshly self to conditions about same. MEDITATE upon "THY

WILL WITH ME." Feel same. Fill ALL the centers same. Fill ALL the centers of the body, from the lowest to the highest, with that ideal; opening the centers by surrounding self first with that consciousness, "NOT MY WILL BUT THINE, O LORD, BE DONE IN AND THROUGH ME." 1861-4

Experiment: Try using an affirmation daily for the next month which seems to sum up where you are currently heading on the spiritual path. Be positive about it. Which aspect of the Spiritual Ideal do you long to attain – more faith, more trust, more love?

One affirmation I have found helpful in moments of doubt is “I believe, Lord. Help Thou my unbelief.” What affirmations have you found helpful? Perhaps you might like to share it with group members, or drop a line to the newsletter (or email (ed.)).

To get you started – here are some affirmations:

“Be still, and know that I am God.” (Psalm 46:10)

“As the Father knoweth me, so may I know the Father, through the Christ Spirit, the door to the kingdom of the Father. Show Thou me the way.” (A Search for God, Book 1, p.82.)

“LET ME REDEDICATE MY LIFE, MY HEART, MY BODY, TO THE SERVICE OF MY GOD, THAT I MAY BE A CHANNEL OF BLESSING TO SOMEONE, NOW!” (281-21)

“THERE IS BEING RAISED WITHIN ME THAT CHRIST CONSCIOUSNESS THAT IS SUFFICIENT FOR EVERY NEED WITHIN MY BODY, MY MIND, MY SOUL.” (281-7)

This article first appeared in the A.R.E Council, Melbourne, Australia, Newsletter in June 1983 – over 34 years ago! Dean Hull, at that time, was the co-ordinator for A Search for God Study Groups in the Adelaide region.