

SOUTHERN LIGHTS

*Summer – A Time of Long, Warm, Balmy
Days and Short, Starry Nights*



Nature has not been in 'lockdown' and the bees are busy collecting pollen from our flowers. Life is eternal, and we can make our earthly abode more beautiful each time we incarnate.

If anyone in the Gold Coast area is interested in a Study Group, please contact Taralina at the following email address: taragae1977@gmail.com

Remember our website:

www.edgarcayceaustralia.org

Remember our Facebook page featuring captioned photos:

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*Global Manifestation of Oneness and the
Love of God and All People*

Edgar Cayce Australia, Inc. A0060868C

Edgar Cayce Australia, Inc. was formed in early 2014 by members of the Melbourne Search for God Study Group and the Glad Helpers Down Under Prayer Group. We are a not-for-profit incorporated association dedicated to furthering the work started by Edgar Cayce and continued world-wide by the Association for Research and Enlightenment, founded in 1931. As well as fostering Study Groups

and Prayer Groups, we have a lending library and offer new books for sale. We can also arrange talks on many topics from the Cayce readings such as diet, meditation and dreams.

If you are interested in any of our groups, or the lending library in Creswick (near Ballarat, Victoria) please email russell@edgarcayceaustralia.org or phone us on (03) 5345 2945.

Editorial - 'Home is Where the Heart Is'

- by Russell Bowey

The last 12 months has seen an unprecedented movement of people all around Australia, perhaps due to Covid19, or lack of job opportunities, looking for 'greener pastures', or perhaps relocating because of dissatisfaction with a way of life that was no longer rewarding.

Also, the current groups of sea changers, tree changers, grey nomads and van lifers all seem to be responding to an inner call that won't relent.

I remember watching a TV documentary that examined the 2008 Global Financial Crisis in Europe. The program followed a number of individuals who had been living the 'high life' in large cities like Madrid or Athens (e.g. as a luxury car salesman) and out of necessity had to relocate to their home villages after their high-paying jobs vanished.

These individuals were able to reinvent themselves by returning to their roots, and, with family support, set up small-scale agricultural enterprises like snail farming and wine-making.

They all described their new, simpler life as being much more enjoyable and fulfilling than their high-stress former lives to which none of them wished to return.

The Edgar Cayce readings contain advice given to many hundreds of individuals who asked questions not just about what career to pursue, but also where to live, who to marry and how to establish a home together.

It would be well that each entity - as self, considering here - ever look forward to that experience of building a home. The entity will experience in the preparations, in the layout, and in the care for that as being contemplated, the greatest constructive force in the experience of the body that may ever be had.

For HOME represents that of permanency, to the mind, to the body; in peace, in harmony, yet in doing good for goodness' sake - which brings within the experiences of all, when the speculative influence is left out - a home, a fireside; mother,

father, home, family; that becomes as the overflowing blessings in many, many ways. 416-11

For the beauty of man's mind is oft directed by the beauty of his environs. 1771-2

Why won't people learn the lesson from them [flowers] and grow, in love and in beauty, in whatever may be their environ? Learn also from the flower that where thou art, ye, too, may make that place more beautiful for your being there, whether it is in this or that or whatever place. Whether in the hovel or in the home of the mighty, make it beautiful as do the flowers. 5122-1

(Q) Where do I vibrate best (that is, in what locality)? (A) Where thou ART! For the vibrations should be from WITHIN, rather than from WITHOUT! And so create within thine inner self those closer relationships that where thy body is, THERE may be found succor and aid and help and love for others. 1183-1

Edgar Cayce on Karmic Debt

(Q) Is there some karmic debt to be worked out with either or both and should I stay with them until I have made them feel more kindly toward me?

(A) These - What IS karmic debt? This ye have made a bugaboo! This ye have overbalanced within thyself! What is thy life but the gift of thy Maker that ye may be wholly one with Him? Thy relationships to thy fellows through the various experiences in the earth come to be then in the light of what Creative Forces would be in thy relationships to the ACT ITSELF! And whether it be as individual activities

who have individualized as thy father, thy mother, thy brother or the like, or others, it is merely self being MET, in relationships to that they THEMSELVES are working out and not a karmic debt BETWEEN but a karmic debt of SELF that may be worked out BETWEEN the associations that exist in the present! And this is true for every soul. If ye will but take that as was given thee! "Neither do I condemn thee - neither do I condemn thee." ... Then it is not karma but in HIM that the debt is paid. 1436-3

‘The House of Flying Books’

by Russell Bowey

Our A.R.E. group has stopped selling Cayce-related books, because it seems that most people are no longer buying actual paper books, but preferring to read e-books. However, in some instances, paper books are quite literally flying off the shelves.

Our Prayer Group used to have monthly meetings in a special room at our house in Creswick. We usually finished the afternoon with a guided reverie (meditation), and then we each shared the experiences that we were given. After one of these sessions a group member shared his reverie experience, and asked the group for clarification as to what it all meant. No-one had any ideas as to the meaning of his experience.

Some of the group then left, and the few who stayed on were just chatting as we sat in a circle in the room.

Out of the corner of my eye I noticed a movement on the bookshelf opposite me, but when I stared at it, everything was still. This happened two more times and I just dismissed it. All of a sudden, a book flew off the shelf and landed on the floor in front of me – a distance of at least two metres from the shelf. We were all both shocked and intrigued as to how a book could ‘fall’ so far away from the shelf.

The book was lying upside-down and was opened, so I picked it up and read aloud the two pages. The section I read answered the questions of our member’s reverie experience EXACTLY, even using the same context in which he had framed his question! We have six bookshelves in the room stacked with hundreds of library books, and this has never happened before or since. It would certainly be very difficult for this to happen with an e-book!

Edgar Cayce was able to communicate with unseen spirits all his life and had this to say about the two-way purpose and intent that leads to spirit communication:

As is seen, as has been given, there are ever about

those in the flesh in the earth's plane those desiring to communicate with those in the earth plane, attracted by the act, intent and purport of the individual, or by the act, intent, purport, of that entity in the spirit plane. 900-330

Also, a few years ago there was a similar unusual experience with books at one of our Study Group meetings. We were at a member’s house sitting in a circle and there were two stacks of books on the floor in the middle of the room. Again, I saw movement but when I stared directly at the books, they were still.

Suddenly, the books were strewn across the floor as though kicked by an unseen foot; they didn’t just topple over. My wife Marija and I had stayed the previous night and she had sensed a presence in the house. There were two young men, who had been ‘earthbound’ since dying in a car accident. One of them was feeling extreme guilt for causing his mate’s death in the accident.

Marija had asked them to give her a ‘sign’ if they wanted her help to move on, which she subsequently was able to do.

There is an opportunity for anyone to assist those who have passed on, as is expressed in these two readings:

The spirit of all that have passed from the physical plane remain about the plane until their development carry them onward or are returned for their development here, when they are in the plane of communication or remain within this sphere, any may be communicated with. 3744-3

Edgar Cayce then added: *There are thousands about us here at present.* (The reading was given in a hotel in Dayton, Ohio).

Those who have passed on need the prayers of those who live aright. For the prayers of those who would be righteous in spirit may save many who have erred, even in the flesh. 3416-1

Next issue: two more examples of spirit communication in: ‘A Light Bulb Moment’.

'Are All Marriages Made in Heaven?'

by Russell Bowey

In 1977 my cousin, her girlfriend and I backpacked around India for 6 weeks. While sitting in a railway waiting room, we noticed an Indian couple at a table with their daughter. A short time later, another couple with their son arrived and sat at the same table. The parents engaged in deep conversation while the young people exchanged furtive glances at each other. Even though we couldn't understand Hindi, we realised that the parents were discussing an arranged marriage between their children. We had already seen pages of postings (known as 'matrimonials') in the Times of India newspaper by parents seeking suitable partners for their children.

Now, recent promotions for a 'reality' TV program called 'Married at First Sight' have prompted me to re-read an interesting article 'What meeting your spouse online has in common with arranged marriage' by Amitrajeet Batabyal.

He stated: 'I believe that most people in communities where arranged marriages predominate still feel that parents and other close relatives are qualified to select marriage partners. Some young Indians consider their parents as more objective than they are about this big decision and more adept at spotting compatibility. In addition, arranged marriages help couples uphold cultural and religious traditions that have stood the test of time. Perhaps this explains why people in arranged marriages tend to get divorced less frequently.' The divorce rate in India is only around 1 percent, compared to between 30 to 40 percent here.

The article also stated: 'Psychologist John Cacioppo of the University of Chicago recently did a study with several colleagues about internet dating and modern matrimony. They found that more than one-third of all American couples who got married between 2005 and 2012 met online. Marriages that began when couples met online were a little less likely to break up than those who didn't and those spouses were somewhat more satisfied with their marriages, the researchers determined.'

In two readings, Edgar Cayce was asked questions by a 28-year-old divorced naval officer about his female acquaintances, and their suitability as companions.

(Q) What have been my past associations with Willetta [...] and for our mutual mental and spiritual development what should be our present life association? (A) These have crossed thy past oft. In the experiences before this as a friend and associate who understood, yet not able to give that help either socially or materially as was desired. In the experience through the Roman land, more closely associated. But the closer still in the Atlantean experience. As to what these should be, they should be natural growths and choices of each - rather than as a SET thing. For these, as they meet themselves - there is either the helpful or detrimental force wrought from the varied activities. These may all together become beautiful, if the purposes are one. If there are those things in common for creative forces, then beautiful - and close associations.

(Q) With Lucille [...]? (A) These, as we find, have crossed oft. Not very good at any. Too contentious one with another.

(Q) With Betty [...]? (A) These have met in the varied forms and manners. The BETTER may be determined by whatever the choice may be in the efforts in the present activities. For there is much in common, yet the desires and the motivating forces of the spirit of each are far, far afield! 1776-1

(Q) What have been, and what are likely to be, my relationships with [951], who was Jean Cowper in her former incarnation? (A) If there was a meeting, it would be a sunburst for both at once! 1776-2

It may have been a sunburst with Miss (951), but apparently he eventually married Willetta. Sunbursts could leave both parties scorched!

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'Are All Marriages Made in Heaven?'

by Russell Bowey

Continued from Page 4 ...

A friend once shared the story of meeting her future husband at a dance. He later told her that when he came in the door of the large hall with a group of mates, he looked around at all the girls in the room, spied her, and announced with certainty "I'm going to marry that girl". I believe love at first sight can easily occur, if we consider the fact that we have all lived with and loved the same souls before.

Edgar Cayce had this to say in two readings for Mr (1861) and Miss (2072):

(Q) Should I marry the girl [2072] to whom I am engaged? (A) As we find, if the ideals of each are compatible, it may be made to be an experience worthy of acceptance. 1861-2

(Q) What relationship, in past lives, has existed between myself and that entity known as [1861], in this incarnation? What bond draws us so closely? (A) A daughter of [1861] in the experience before this. Thus there has been not only the association as the father, the mother, but the close feeling or attraction one for another in this expression, in this experience. Also in the 'city in the hills and the plains' we find that they were associated as companions, or what would be called in the present husband and wife. 2072-1

The couple later reported: 'We found that the bonds that tied relationships or attractions of people to one another may have begun far back in the years when we lived before, It was satisfying to know this was not the end, then, nor the beginning. To my wife and myself the Life Readings have been a most satisfactory and unquestionable proof of re-incarnation, and they have given a far deeper meaning to life, its beauties, its sufferings.' **1861-15** (Report)

Amitrajeet's article concluded: 'In my view, all parents seeking to arrange a marriage for their sons and daughters do so with the best of intentions. They don't always get it right, but they f

frequently do. My own parents certainly did, 23 years ago, when I got married. And whether parents or computer algorithms make this connection, the ultimate goal is the same: to ensure a happy and long-lasting union.'

Perhaps we should add another connection - 'made in heaven' - by the 'unseen forces' or 'unseen influences' which our group call 'The Adjustment Bureau'.

The final word is with Edgar Cayce. An insurance agent, Mr (2533), had a joint reading for himself and his wife (2390). The reading stated:

All entities - as these two entities - meet for a purpose. As to whether their ideals are the same, in the meeting, does not depend upon the attraction they may have one for the other; rather upon what they have done about their ideal in their associations one with the other in varied experiences, or in some definite period of activity. Whether these have been for weal or woe does not prevent the attraction. 2533-7

In his first reading Mr (2533) had asked:

(Q) Is [2390] best for my future marital happiness? (A) Ye are helpful forces, as then, one to another. As we find, these may change, but these are the better - and may grow the better by the application of those lessons ye gain in thy meditation. 2533-1

And Mrs (2390) asked about her difficulties in her relationship to Mr (2533):

(Q) Why is it that [2533] is able to upset me in little things, and how can I keep it from occurring? (A) Read what has just been given of thine own willfulness you are meeting. Many of these have been in various associations with this very same entity. Not in England as the one that caused those uprisings within self, but these are self - not [2533]. Don't blame [2533]! Don't blame self! But get out of it! Set it off, aside, and take a look at it! You will see in most instances he's right - you admit it but you don't want to agree to it! 2390-9

FROM THE ARCHIVES - 'CHANGE'

by Anonymous

The universe is in constant change; atoms moving constantly in inanimate objects, and so too must we be in tune with the universe. Now more than ever we need to feel this oneness with the universe and ensure that we do not get left behind. We need to feel the constant processes of change within ourselves, our body, our ideals and emotions, our work and relationships.

We need to feel the changes around us, changes we have made and are about to make, changes that are happening at a local, national, international and universal level. As we approach the next millennium we need to be aware of the promise made by the Christ and be ever ready to be of service to Him, and to do this we must be prepared for change, for transformation.

From the Readings

Preparation for the New Age:

Tendencies in the hearts and souls of men are such that these may be brought about. For, as indicated through these channels oft, it is not the world, the earth, the environs about it nor the planetary influences, nor the associations or activities, that RULE man. RATHER does man - by HIS COMPLIANCE with divine law - bring ORDER out of chaos; or, by his DISREGARD of the associations and laws of divine influence, bring chaos and DESTRUCTIVE forces into his experience. 416-7

Once we accept this as truth our responsibilities are clear:

For as the time or the period draws near for these changes that come with the new order, it behooves all of those who have an ideal - as individuals, as well as groups or societies or organizations, to be practicing, applying same in their experience - and their relationships as one to another. 3976-18

So, how should we go about this?

Then, the more important, the most important experience of this or any individual entity is to first know what IS the ideal - spiritually. 357-13

Looking at self requires balance, and as the readings suggest be honest yet gentle with self:

Then, choose thou that which is thy ideal. Know there is set before thee today good and evil, life and death. This is the natural state of man, as a seeking soul encased in matter; but with the mind - yea, with the will - that IS eternal, and is godlike. 2031-1

To be purely material minded, were an anatomical or pathological study made for a period of seven years (which is a cycle of change in all the body-elements) of one that is acted upon through the third eye alone, we will find one fed upon spiritual things becomes a light that may shine from and in the darkest corner. One fed upon the purely material will become a Frankenstein that is without a concept of any influence other than material or mental. 262-20

The above article first appeared in the Australian A.R.E Newsletter in January 1994 – over 27 years ago! I also include the following book extract which seems to also address living in times of change.

In Mark Thurston's book 'Visions and Prophecies for a New Age', he states:

"A subtle yet profound kind of pessimism has begun to creep its way into the thinking process of so many of us. For some people the sense of hopelessness comes from a feeling of frustration that nothing will ever be done about their disadvantaged states. For others there is a pessimism about the future because it is so difficult to reliably plan for what is coming and build any sense of security. What does it mean to live in these times of change? Do all of these signs of decay make it a cursed period of history? Or is it rather a blessing to have been born in such a time of transition? Perhaps if we can awaken a courageous and creative spirit within, we will see that this truly is an exciting time to be alive."

Even though this A.R.E. Press book was published in 1981, Mark Thurston seems to be speaking of these current troubling times.